

Clinical Rehab Specialists:

Providing Quality Individualized Physical Therapy Care



Our Services

New Winterize adults at risk of falling: we use an evidence-based instructional and exercise program to help adults reduce their risk of falling

New Evaluation of Temporomandibular Dysfunction (TMD): Our focus is on evaluating the relationship between posture, headaches, neck and facial pain and TMD-related problems

New Veterans' HealthNet Provider: As veterans ourselves, we understand the health needs of those who have served

Work-related Evaluation and Training

- ◆ Acute Physical Therapy
- ◆ Ergonomic Job Site Evaluations
- ◆ Work Conditioning (2–4 hour daily program focused on physical activities to improve tolerance of work activities)
- ◆ Work Hardening (4-8 hour progressive daily program focused on work simulation activities)
- ◆ Physical/Functional Capacity Evaluation (comprehensive assessment designed to determine work tolerance)

Analysis of movement disorders: We are certified in Selective Functional Movement Assessment (SFMA)

Video analysis of biomechanical dysfunction associated with gait, running, jumping and lifting

Concussion Balance screening using the Humac Computerized Balance System

Functional management of Orthopaedic and Neurological Disorders

Balance Deficit Analysis and Fall Prevention Training

Our Clinicians:

Gerry Dybel PT, ScD, GCS: My initial experience focused on treatment of orthopedic and neuro-rehab patients. I have advanced certification in neurodevelopmental treatment of strokes and head injuries. Additionally, I have advanced training in ergonomics and biomechanical analysis in sports training and have been a faculty member in the physical therapy department of a local university since 1992. I have achieved the Geriatric Clinical Specialist certification from the Board of Clinical Specialties of the American Physical Therapy Association. Currently my focus is on the management of orthopaedic and neurological disorders in the senior population.

Connie J. Seymour, PT, PhD, OCS: My clinical background is varied with certifications in treating the neurologically involved client to orthopaedics. I am certified as an Orthopedic Clinical Specialist through the American Physical Therapy Association (APTA). I continue to practice as a generalist but especially enjoy working with neurological, orthopedic, and geriatric clients. I am very involved with the Healthy Elder Living Program (HELP) which is an interdisciplinary program designed to promote health and fitness in older community dwelling adults. Additionally, I am part of a maintenance intervention for neurologically involved individuals from the Greater Merrimack Valley.

We currently accept the following Insurance Carriers:

- ◆ Medicare
- ◆ MassHealth
- ◆ Blue Cross/Blue Shield MA
- ◆ Cigna
- ◆ Tufts
- ◆ HPHC
- ◆ United Healthcare
- ◆ M.V.A.
- ◆ Workers' Compensation
- ◆ CHAMPVA/Veterans' Choice/HealthNet